

**LONG LAKERS NEWSLETTER FOR JUNE, 2020**  
**Shelley Evans, Senior Director-231-631-4479**

Walking/Exercise is **ALLOWED!** We have a beautiful track at the Township. 3 x around = 1 mile. Remember to stay 6 feet apart if you walk with a friend. Exercise is so important for our bodies and our minds and remember, keep track of your miles.

Pickle ball courts are available. Must bring your own equipment. **BUT REMEMBER TO SOCIAL DISTANCE.**

A special "Thank You" to the G.T.C. Senior Network for their help in funding the Long Lakers activities.

Wishing a Happy Birthday and Anniversary to all our June Long Lakers and much love and "HAPPY FATHER'S DAY" to all our Long Lakers Dads.



Dear Long Lake Seniors: Welcome to Summer and beautiful June in Traverse City. I Hope this newsletter finds you all safe and healthy. I sure miss seeing all of you. The Township office is closed until Tuesday, June 16<sup>th</sup> but my office remains open remotely. I am available to assist with any questions you may have. You can reach me at Richeleva@aol.com or my phone, 231-631-4479. I deeply care about all my Long Lakers, and with that being said, I would like to offer the following services:

**Shopping**—Need a few items from the store. I will be glad to pickup for you and leave them on your porch. If you feel you need to do your own shopping...please remember Meijer's senior shopping times are Tues & Thurs. 7am-8am and Oleson' s are 7am-9am Mon -Friday.

**Prescriptions**—I will pick up any medicine/prescriptions. Make sure it will be ready for pickup and I will deliver to your door. For the sake of your health and others, please feel free to utilize my services.

For Coronavirus updates and information from the State of Michigan, visit [www.michigan.gov/coronavirus](http://www.michigan.gov/coronavirus). Here you will find information for businesses about their status, the latest numbers, additional information on the outbreak and detailed descriptions of the Governor's extensive orders including Executive order 2020-21.

As many of us know, the Governor has lengthened the stay at home order until June 12<sup>th</sup>. All senior events and outings will begin after the executive order is lifted.

*Our June luncheon will be cancelled.*

Bocce opening night has a new day and time. Wednesday, June 17<sup>th</sup> @ 5:00 pm.

- Bring your own sack lunch for the evening
- Bring your own lawn chair (social distance)
- Bring a mask
- Hand sanitizer provided

As businesses open, my goal is to plan more outings for our Long Lakers while keeping us all safe.

"Concert on The Lawn" at the Pavilions goes "Radio Retro" and will be in the comfort of your own back yard. Tune to WCCW 107.5 FM starting Thursday, June 4<sup>th</sup> @ 7:00 pm. See enclosed schedule.

Thank you to Bev McAdams for making numerous masks for all our Long Lake Seniors. Anyone that needs a mask, please contact Shelley at 231-631-4479 and she will arrange for drop off with no contact.

Last month we lost a special guy, Roy Stowe. He has now joined his lovely wife, Arlene. Both Roy and Arlene were very special to our Long Lakers. Roy delivered meals to our luncheons, loved his game of Bocce and was instrumental in getting bocce started at Long Lake. Their family is currently planning the Memorial Service for July 9<sup>th</sup> at Bethlehem Lutheran Church.

