

Long Lakers Activity Calendar

A special "Thank You" to the G.T.C. Senior Network for their help in funding the Long Lakers activities.

FEB. OUTING to celebrate Ground Hog Day!!

Sunday, Feb. 2nd meet @ 1:00 pm at the Township Parking Lot.

St Ambrose Cellars Cheese & Mead Cost is \$15 each. Cheese & Mead pairing with free sleigh rides from 1-4pm. Cheese is from "The Cheese Lady" in TC. (This replaces our Jan. sleigh ride outing) We will stop for dinner after our rides.

Sunday, Feb. 16th "James & The Giant Peach" at TCSF. Cost is \$12-matinee from 2-4pm. Rides available. Call Shelley if you are interested.

Shelley Evans
Senior Director
231-631-4479



Our monthly luncheon is held the second Thursday of each month at Long Lake Friends Church at noon. Your meal will be provided by "Meals on Wheels" unless we have a special Pot Luck and cost to you is \$3.50 for your meal. Please call Betty Smith at 231-492-7232 by **February 10th** to reserve your meal.

We will have a little fun with some Valentine Bingo after the luncheon.

Remember, if TCAPS is closed on our luncheon day, our luncheon is also cancelled.

MENU for Feb. 13th

bean & ham soup
buttered bread
roasted rosemary
potatoes
squash
sweet cherries
birthday cake



BIRTH FLOWERS
VIOLET &
PRIMROSE

"Happy Birthday "and "Anniversary" to all our February Long Lakers.

UPCOMING EVENTS

March 6th-Moomers
March 8th-Daylight savings
Casino trip
March/April-Lobdells
We may do a Wed. and Thurs. so all can attend-pick your day. They have been capping at 16 people and our group is growing.
Indoor swimming

Activities:

Euchre is going strong on Wednesdays @ 7 pm. @ Long Lake Friends Church. This will run for 10 weeks until Wednesday, March 11th. Contact Bob Steinburg at 947-9713 if you would like to play weekly or substitute. (subs needed)



Zumba /exercise classes at Twin Lakes Camp on Monday nights from 6:30 -7:30 pm. Drop ins are welcome. Call Penny Morris at 932-0668.

Mall Walking Club has started. Walk indoors at your own pace and keep track of your miles .

FUN FACTS:

1st week of February:
African Heritage & Health Week
3rd Weekend of Feb.
National Margarita Weekend
American Heart Month
Bird-Feeding Month
Black History Month
Canned Food Month
Cherry Month
National Children's Dental Health Month
Chocolate Lovers Month
Creative Romance Month
Grapefruit Month
Hot Breakfast Month
Potato Lovers Month
Return Shopping Carts to the Supermarket Month
Snack Food Month

February 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 <i>Outing & Ground Hog Day</i>	3	4	5	6	7	8
9 <i>Full Moon</i>	10	11	12	13 <i>Luncheon</i>	14 <i>Valentine's Day</i>	15
16 <i>Outing</i>	17 <i>President's Day</i>	18	19	20	21	22
23	24	25	26 <i>Ash Wednes- day</i>	27	28	29